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Web: www.china-tourism.de E-mail: info@china-tourism.de

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Route: Great Tongxin Mosque - Great Najiahu

Mosque - China Folk Park of Hui People -

Sight: Ningxia is a settlement for Hui people, and

thus there is a unique Muslim style. Many mosques,

unique folk customs and delicious Chinese Islamic

Ershilipu Gonabei

Room C, 10F, Chung Cheng Building, No.2, Chung Cheng 3rd

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necommended Tourist Itineraries A Tour of Yinchuan City

Sight: There is magical frontier scenery in Zhongwei. Weining Plain benefits from the irrigation from the Route: Haibao Pagoda - Great Nanguan Mosque Yellow River. With fertile land and rich natural - Nanxun Gate - Western Xia Museum - Western products, this famous desert oasis is known as "rich Xia Tombs - Western Film City Ningxia near the Yellow River and the richest Sight: Yinchuan is a famous historical and cultural Zhongwei".

city. Many cultures including the Central Plain culture, frontier culture, Hetao culture, Silk Roads A Tour of Customs of Hui People culture, Western Xia culture, Islamic culture, and Tangut people culture blend here, and a large number of historical sites are preserved.

A Tour of Frontier Zhongwei

寧夏旅遊圖-英文.indd 1

Route: Shapotou - Zhongwei Gao Temple -Sikou - Shikong Temple - 10,000-mu Wolfberry cuisine allow visitors to appreciate the rich Islamic



Ningxia Overview

On the upper reaches of the Yellow River, cold winters and hot summers. It mainly rains Ningxia has been hailed as the "Frontier in summer and autumn. Jiangnan" since ancient times, one of the cradles of Chinese civilization

Ningxia is enclosed by the Tengger was also established here, leaving behind many Desert, Ulan Buh Desert and Mu Us Desert, historical sites like the Western Xia Tombs, and connects the Loess Plateau in the southeast, the Helan Mountains in the west and mount Gao Temple of Zhongwei and others. Liupan in the South, forming a unique

landscape of frontier Jiangnan and desert oasis. presents a unique Islamic atmosphere. There Ningxia is located inland, belonging to a are many mosques, and the annual Flower typical temperate continental semi-arid climate Gathering is a rare grand festival. with four distinct seasons. The temperature difference between day and night is large with

66,400 square kilometers.

Ningxia Hui Nationality Autonomous Region comprises 5 prefecture-level cities, By the end of 2012, the permanent including Yinchuan, Shizuishan, Wu zhong,

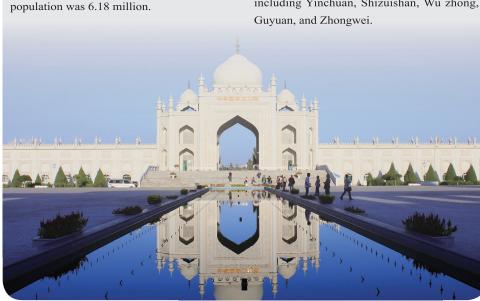
Ningxia was an important trade center in

history and the glorious Western Xia Dynasty

Shuidonggou, Binggou Han Dynasty Tombs,

Website: www.nxtour.com.cn

Ningxia is home to Hui people, and



The grand Helan Mountains and the built by Li Deming, the chief of the Tangut Yellow River nurtured the lasting Yinchuan people during the Western Xia Dynasty. The Plain civilization in this city, known as a Acropolis of Ningxia was rebuilt in the Ming frontier lake city, an ancient capital of the Dynasty. With red walls and green tiles, Western Xia, and hometown of Hui People".

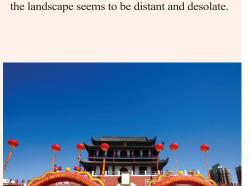
Haibao Pagoda is the oldest Buddhist architecture in Ningxia. Dignified and beautiful, simple and unique, it is a model of

Haibao Pagoda ————

beautiful artistic style. It has stood on the Yinchuan Plain for at least 1,500 years.

Nanxun Gate ———

According to legend, Nanxun Gate was



Nanxun Gate is very magnificent, known as

Chengtian Temple Tower —

highest brick pagoda of the existing towers in

Ningxia, with narrow interior staircases leading

to the top. The distant Helan Mountains can be

seen from the top of the pagoda. In the twilight,

Chengtian Temple's tall tower is the

"Small Tiananmen Square".



ransportation

By Air

The airports in Ningxia include Yinchuan Hedong Airport located in Useful Telephone Numbers and Websites Southeast Yinchuan. Flights from here reach Beijing, Hong Kong, Shanghai, Guangzhou, IDD Code of China Shenzhen and other cities. Zhongwei Xiangshan Airport has been completed and is Fire in operation. Guyuan Liupanshan Airport has

Ambulance also been open to air service.

By Train

The Baotou-Lanzhou Railway runs Railway Ticket across this area, passes through the city of Yinchuan Hedong Airport Yinchuan from south to north, connects the Yinchuan Tourist Bus Station 951-6738245 important city Baotou in North China, and Zhongwei Bus Station links with the Beijing-Baotou Railway. Ningxia Tourism Bureau 6728008 Connecting the northwestern ancient city Ningxia Government Website www.nx.gov.cn Lanzhou, it meets the three railways, namely, the Lanzhou-Xinjiang Railway, Lanzhou-Qinghai Railway, and Lanzhou-Lianyungang Railway. The Baoji-Zhongwei Railway starts from Zhongwei in the north, and reaches Baoji in Shaanxi in the south, crossing the three provinces of Shaanxi, Gansu and

By Road

In Ningxia, there are six national ighways. Centered at the Yinchuan Bus Station and Yinchuan Tourist Bus Station (North Station), there are dozens of longdistance bus lines reaching cities and counties in the region, as well as Beijing,

Shaanxi, Gansu, Inner Mongolia, Zhejiang, Fujian and other places.

120 Traffic Accident Telephone Number Enquiry 114 Ningxia Tourism Complaints 951-6723298 95105105

955-7060000



Yongning Park of Customs and **Wuzhong** Great Tongxin Mosque The Great Tongxin Mosque is the oldest

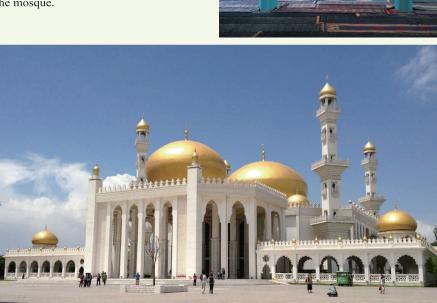
Culture in the Homeland of Chinese Hui People

lui Hometowr

Customs

and largest mosque in Ningxia. It is built in The China Hui Hometown Culture Park the traditional Chinese architectural style and features the region's Islamic architectural, divided into inner and outer sections. The custom, food, religious, farming, and rather spacious outer section is the place commerce cultures. The park boasts the where Muslims often gather to celebrate largest Hui museum in China. major festivals.

Yongning Great Najiahu Mosque Great Najiahu Mosque is a traditional medieval temple. In the rectangular mosque, there is a courtyard made up of a gatehouse, a prayer hall, wing rooms, and bathrooms The whole layout is tight and regular, showing the majestic and imposing manner of the mosque.



Great Nanguan Mosque ---The Great Nanguan Mosque is built in

the traditional Arabic style. During Jumah and other traditional Hui festivals, hundreds of Muslims come here on pilgrimage to worship.

Western Xia Museum ——

The Western Xia Museum houses many artifacts from the Western Xia Dynasty, including the great treasure, a human face pedestal. The figures kneeling and sitting on their heels are all women, displaying the lofty status that Tangut women enjoyed. The female bearing the tablet is a symbol of life

China West Film Studio —

The China West Film Studio is where. "Red Sorghum," "A Chinese Odyssey" and other movies were filmed. It is the epitome of small Northern towns. Website: www.chinawfs.com



ccommodations & Travel Services

Accommodations

Yuehai Hotel, Ningxia 5 No.1 Helanshan Rd., Yinchuan 951-5696888 951-6728688 5 No.365 Beijing E. Rd., Yinchuan 4 No.3 Nanxun E. Rd., Yinchuan 951-6080777 Ningxia Haiyue Jianguo Hotel 951-6090001 Ningfeng Hotel, Yinchuan No.6 Jiefang E. Rd., Yinchuan Oasis Hotel , Yinchuan 3 No.33 Jiefang W. St., Yinchuan 951-5029799 Shapotou Holiday Hotel, Zhongwei 955-7689168 4 Next to Shapotou scenic spots, 1km away Yihe Hotel, Shizuishan 4 The Oriental plaza, Shizuishan 952-2059588 952-2059599 The Oriental plaza, Shizuishan 953-6522555 Wuzhong Hotel 4 No.5 Yumin W. St., Wuzhong

Travel Services Ningxia Comfort International Travel Service No.317 Jiefang W. St., Yinchuan 951-5045678 2nd floor, Tourism Building, No.375 Beijing 951-6730068 Ningxia China International Travel Service E. Rd., Yinchuan Ningxia Cultural International Travel Service Opposite the Hui Nationality Middle School, Hubin E. St., Yinchuan No.59 Nanguan Rd., Yuanzhou District, 954-2025666 China Travel Service Guyuan Branch



In Shapotou, the desert, the Yellow River, high mountains, and oases roll into one. The Bell Ringing Slope is especially famous and is one of China's most beautiful tourist destinations.

ellow River Landscape

Nanchangtan Village is on a strip of

flood land by the Yellow River. The village

Ningxia": the first village by the Yellow

River, the first ferry on the Yellow River and

the first drift on the Yellow River in Ningxia.

It is the first famous village in Ningxia

The 108 Pagodas are near a mountain

and water. Silk manuscripts with Tangut

scripts were unearthed under the pagodas. It

concerning Chinese history and culture.

Qingtongxia 108 Pagodas

is small but home to the "three firsts of

Zhongwei Nanchangtan Village is assumed that they were built during the

Western Xia Dynasty. The pagodas are in 12

rows from top to bottom, totaling 108.

Yinchuan Ancient Sand Ferry

River can be found here, such as the ancient

Yellow River Ferry, the Crescent Lake left in

the desert by Wang Zhaojun's ceremonial

marriage journey, the breathtaking Desert

Happy Valley, an ancient sheepskin raft, a

modern Yellow River Shuttle, and ancient

Many of the wonders along the Yellow

Website: www.spttour.com

Bell Ringing Slope ———

Due to unique geographical features, when visitors slide down from the 100-meter high Shapotou, strange sounds, dull and deep like bells and giant drums, are produced, so it is known as the "Bell Ringing Slope".

Goatskin raft ———

A goatskin raft is an ancient tool for crossing the Yellow River. It is made of the goatskin. It is very light and convenient. Visitors sit on the goat it, while the rafter paddles to move the raft forward, a very interesting experience.

Yellow Strop —

The 820-meter-long Yellow Strop has a 54-meter drop, known as "the first strop on the Yellow River". Visitors can experience the excitement of flying over the Yellow River and their screams can be heard throughout the area.



Dining and Shopping

Dining

sweet and sour Yellow River carp, dove fish, steamed lamb, sheep offal, and mutton and

addition, the fish feast in the

Boiled Mutton: There are many Hui people living in Ningxia, so the boiled mutton here is exceptionally authentic. The main feature of the mutton is that it tastes especially delicate and will not stick to the





teeth. Eating the mutton dipped in salt and

Ningxia's most famous special products include medlar, liquorice, Helan stone, Tan sheep fur, and red, yellow, blue, white, and black varieties of nostoc (long thread moss),

minced garlic is an awesome experience.





The magnificent Qin Great Wall is

The Western Xia Tombs are the imperial tombs of the Western Xia Dynasty. There are nine extant tombs of grand scale and heavily famous for being built with stones. Built with guarded layout, known as the "Oriental unique construction methods and in Pyramid". The tombs combine Han culture, characteristic defensive designs, it represents Buddhist culture and Tangut culture, forming a miracle in the history of world architecture.

Yinchuan Western Xia Tombs Xiji Qin Great Wall in Warring

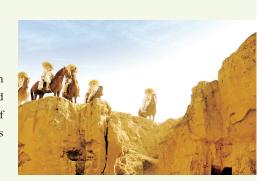
Lingwu Shuidonggou

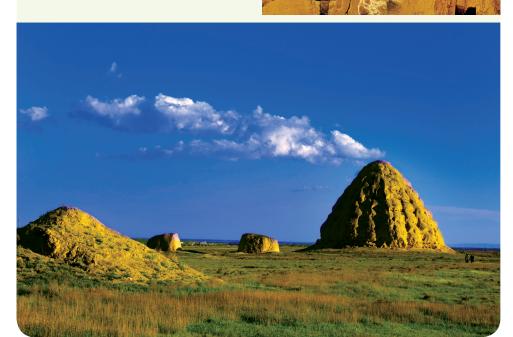
Website: www.nxxwl.com

unique Western Xia architecture.

istorical Site

The history of Ningxia started from Shuidonggou, which is the best-preserved three-dimensional military defense system of the Great Wall of China and the country's earliest explored Paleolithic cultural site.





Zhongwei was the first city with gravity route the Danxia peaks are more precipitous irrigation in the upper reaches of the Yellow with rich cultural landscapes. There is a rock River. Weining Plain, a central Yellow River climbing site, the Su Wu Tending Sheep Site alluvial plain, benefits from irrigation from and other historical sites. the Yellow River. With fertile land and rich natural products, it has become a famous desert oasis, usually known as "rich Ningxia near the Yellow River and the richest

Zhongwei Gao Temple Zhongwei Gao Temple is known for its ingenious, exquisite and fine design. It is magnificent when seen from a distance, quiet and elegant when experienced from within Gao Temple reflects the combination of three religions. In addition to the Buddha and Bodhisattvas, the Jade Emperor, Guan Gong and other statues are also worshipped here.

On the Eastern route of Zhongwei Sikou there are narrow valleys and towering karst peaks of various shapes. On the Western Shikong Temple = Shikong Temple faces the water and is

in front of a mountain. With beautiful scenery, it was an important religious center on the Silk Roads during the Tang Dynasty. Shikong Temple originally had 13 grottoes. Among them, the Jiujian Wuliang Cave is the largest, with three rows of vivid sitting arhat statues on both sides in different shapes.

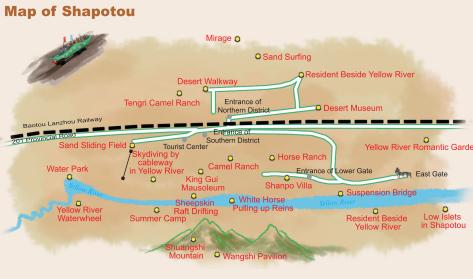




North of the Sand Mountain is the vast Tengger Desert, while south of it is a lush taste of desert travel. oasis. The Baotou-Lanzhou Railway extends

into the distance like a ribbon. Only by riding a camel in the desert can one enjoy a real





Guyuan, the country's largest settlement connected with ladders and bridges. In the

Xiji Huoshizhai is a typical Danxia

landform. The dark red mountains are like

burning flames. Within a 100-li radius, large

and small peaks are towering, monstrous and

gorgeous. There are also a large number of

for Hui people, is a place where Islamic grottoes there are numerous statues and

civilization and Central Plain Culture murals, which are an important part of

integrate with each other. Chinese Buddhist art heritage.

always been at the junction of the Han Xiji Huoshizhai —

civilization also originated here. Guyuan has

nationality of the Central Plain and the

The Sand Lake integrates the scenery of 10,000-mu Lotus Flowers = the waterside in Jiangnan and the vast desert. The Sand Lake's 10,000-mu Lotus Within this landscape of the lakes and Flowers Park is located in the east of Sand mountains, there are 2,000 acres of lotus Lake and covers an area of 10,000 mu. Every flowers, even more beautiful than the summer, its blooming flowers are colorful, waterside in Jiangnan. The vast desert by the beautiful and fascinating. It is a miracle that river is golden and dazzling with the forceful such a scene is found in the desolate desert. and spectacular features of North China.

Website: www.nxshahu.com Nile Scenic Region ——

This region includes many carefully Birds Paradise crafted sand sculptures, including models of The Sand Lake, rich in aquatic products and pollution-free, is an ideal place for birds to inhabit and breed. Tens of thousands of swans, gulls, egrets, cranes and dozens of species of birds come to breed and nest here, forming a wonderful sight, on Sand Lake.

the pyramids, the Sphinx and others. With a rich exotic charm, it seems as if one has been ransported to the Nile in Egypt.







elan Mountain

mountains there are overlapping ridges, steep cliffs and precipitous valleys. Lookingeastward, one can see Hetao of the Yellow







The Baisikou Twin Towers are part of River and the Ordos Plateau. the Western Xia King Li Yuanhao's palace. They integrate the traditional pagoda features of the Central Plains and painting and sculpture arts, making them art treasures.







Ningxia delicacies are represented by bread pieces in soup. There are also some distinctive Hui snacks, such as coin-like Nostoc rolls, steamed lamb, grilled camel palm, etc. In

Sand Lake is fresh, delicious, and unique. Definitely worth a try.





also called the "five treasures".

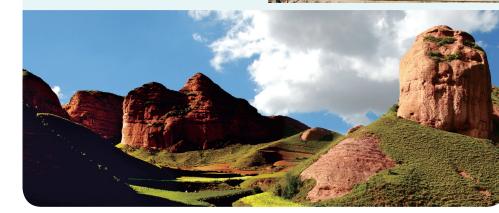
Liupan Mountain The Liupan Mountain is magnificent, forming a pleasant environment. There has beautiful grottoes here. always been a saying that "spring goes, autumn comes, no hot summer". The main peak Mount Migang is 2,942 meters above sea level. Looking out from the peak, you

will enjoy the spectacular view.

Xiongnu in the north.

In Mount Xumi, there are tall pines and

beautiful scenery. The grottoes were dug in eight rocks, separated by deep grooves and



The main summit of Helan Mountains nomads. The ancient Xianbei people, has an altitude of 3,556 meters, and is the Xiongnu people and other nomadic peoples highest peak in Ningxia and Inner Mongolia. lived here. The rugged and powerful rock On the eastern side of these majestic paintings reflect their life. Baisikou Twin Towers ——

Rock Paintings in Helan Nountains

The Rock Paintings in Helan Mountains can be called the art gallery of Chinese

