





中国四川 Sichuan, China



四川茶馆 Sichuan Tea House
 郫县豆瓣 Pixian Bean Paste
 稻城亚丁 Yading, Daocheng
 北纬 30 度 Located at 30° North Latitude
 黄龙 Huanglong
 四川火锅 Sichuan Hot Pot
 川剧变脸 Sichuan Opera: Face-Changing
 大熊猫花花 Giant Panda Huahua
 熊猫家园
 青城山—都江堰 Mount Qingcheng-Dujiangyan
 安逸四川 Cozy Sichuan
 中国西南部 Southwest China
 三星堆博物馆 Sanxingdui Museum
 大熊猫栖息地 Sichuan Giant Panda Sanctuaries
 金沙遗址 Jinsha Site
 九寨沟 Jiuzhaigou
 峨眉山—乐山大佛 Mount Emei-Leshan Giant Buddha
 天府之国 Land of Abundance
 古蜀文明 Ancient Shu Civilization
 桃坪羌寨 Taoping Qiang Castle

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线路一 世界遗产经典之旅

Route 1 World Heritage Classic Tour



行程亮点 Highlights

线路覆盖四川五大世界遗产，九天八晚，玩转靓丽的四川。

The tourist routes encompass all five of Sichuan's UNESCO World Heritage sites, with a 9-day, 8-night tour to explore the stunning beauty of Sichuan.

Day 1

成都 City Walk(大慈寺、太古里、安顺廊桥、兰桂坊、九眼桥)
Chengdu City Walk (Daci Temple, Taikoo Li, Anshun Bridge, Lan Kwai Fong, Jiuyan Bridge)

Day 4

九寨沟 2.5h 黄龙 0.5h 黄龙九寨站
1.5-2.5h 成都
Jiuzhaigou-Huanglong-Huanglongjiuzhai Railway Station-Chengdu

Day 3

全天游览九寨沟风景区
Full-day tour of the Jiuzhaigou Valley

Day 5

成都 2h 乐山大佛 1h 峨眉山市
Chengdu-Leshan Giant Buddha -Emeishan

汽车 car

高铁 high-speed rail

Day 6

峨眉山 2.5h 崇州道明竹艺村
 1h 都江堰
Mount Emei-Chongzhou Daoming Bamboo Craft Village-Dujiangyan

Day 8

都江堰水利工程 1h 成都 (川菜博物馆)
Dujiangyan Irrigation System-Chengdu (Sichuan Cuisine Museum)

Day 7

都江堰 (都江堰中华大熊猫苑、青城山、都江堰灌县古城、南桥)
Dujiangyan (Dujiangyan China Giant Panda Garden, Mount Qingcheng, Dujiangyan's Guanxian Ancient City, Nanqiao Bridge)



Day 9

成都 1.5h 三星堆博物馆 1.5h 成都—返程
Chengdu-Sanxingdui Museum -Chengdu-Return

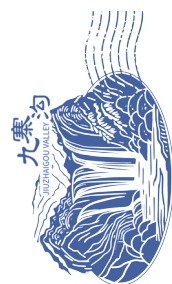


峨眉山—乐山大佛

世界文化与自然双遗产。乐山大佛建造距今 1200 年历史，历时 90 年完成。佛像通高 71 米，是世界上最高的古代摩崖石刻弥勒造像。

Mount Emei-Leshan Giant Buddha

It is a Cultural and Natural World Heritage Site. The Leshan Giant Buddha was built 1,200 years ago and took 90 years to complete. Standing at 71 meters tall, it is the largest ancient cliff-carved statue of Maitreya Buddha in the world.



熊猫家园

Homeland of Giant Pandas



线路一 世界遗产经典之旅
Route 1 World Heritage Classic Tour



线路二 萌宠大熊猫生态之旅
Route 2 Giant Pandas Eco Tour

四川大熊猫栖息地是保护国际 (CI) 选定的全球 25 个生物多样性热点地区之一，世界自然基金会 (WWF) 确定为全球 200 个生态区之一，是世界上最大最完整的大熊猫栖息地。

The Sichuan Giant Panda Sanctuaries is one of the 25 global biodiversity hotspots identified by Conservation International (CI) and one of the 200 Global Ecoregions designated by World Wide Fund for Nature (WWF). It is the largest and most pristine habitat for giant pandas in the world.

行程亮点 Highlights

探访宝兴—溯大熊猫之源
Visit Baoxing County – Trace the Origin of the Giant Panda

探索野生动物常见地—唐家河国家级自然保护区
Discover the Wildlife Haven – Tangjiahe National Nature Reserve

探索秘境王朗大熊猫自然保护区
Explore the Secret Realm of Wanglang Giant Panda Nature Reserve

雄关漫道—探访剑门关的险峻与传奇
Mighty Pass – Uncover the Grandeur and Legends of Jianmen Pass



线路一 Route 1

Day 5

都江堰—平武报恩寺—白玛藏乡—王朗
Dujiangyan–Pingwu Bao'en Temple–Baima Tibetan Ethnic Township–Wanglang

Day 6

王朗大熊猫探秘营地—平武
Wanglang Giant Panda Exploration Camp–Pingwu

Day 7

平武—剑门关—翠云廊景区
Pingwu–Jianmen Pass–Cuiyun Corridor

Day 8

剑阁—三星堆博物馆—成都
Jiange–Sanxingdui Museum–Chengdu

Day 9

成都大熊猫繁育基地—返程
Chengdu Research Base of Giant Panda Breeding–Return

线路二 Route 2

Day 5

都江堰—平武报恩寺—唐家河
Dujiangyan–Pingwu Bao'en Temple–Tangjiahe National Nature Reserve

Day 6

全天游览唐家河国家级自然保护区
Full-day tour of the Tangjiahe National Nature Reserve

Day 7

唐家河—剑门关—翠云廊景区
Tangjiahe–Jianmen Pass–Cuiyun Corridor

Day 8

剑阁—光雾山
Jiange–Mount Guangwu

Day 9

光雾山—巴中—成都
Mount Guangwu–Bazhong–Chengdu

Day 10

成都大熊猫繁育基地—返程
Chengdu Research Base of Giant Panda Breeding–Return

旅游小贴士

第八天从剑阁前往还可前往四川广安市的华蓥山或四川达州市的巴山大峡谷等地感受熊猫家园的良好生态环境，再乘坐高铁返回成都。

Travel Tips

On the eighth day, starting from Jiange County, you can choose to visit either Mount Huaying in Guang'an City or the Bashan Grand Canyon in Dazhou City. After exploring the pristine ecological environment of the pandas' homeland, you can take a high-speed train back to Chengdu.



熊猫家园

Homeland of Giant Pandas



线路二 萌宠大熊猫生态之旅
Route 2 Giant Pandas Eco Tour



线路三 雪山彩林小西环线
Route 3 Snow-capped Mountains and Colorful Forests West Loop

线路串联四川成都—都江堰—卧龙—四姑娘山—丹巴—新都桥—康定—成都，展现雪山、森林、河谷、冰川、草甸、村庄等四川西部自然资源和少数民族风情。

This loop route connects Chengdu, Dujiangyan, Wolong, Mount Siguniang, Danba, Xindu Bridge, and Kangding, offering a stunning showcase of the natural beauty of western Sichuan. Visitors will be captivated by snow-capped mountains, colorful forests, river valleys, glaciers, meadows, and picturesque villages, as well as the rich and unique cultures of local ethnic minorities.

行程亮点 Highlights

- 四姑娘山“蜀山之后”
Mount Siguniang: "Queen of Sichuan's Mountains"
- 丹巴甲居藏寨“中国最美乡村”
Jiaju Tibetan Village, Danba: China's Most Beautiful Countryside
- 稻城亚丁“水蓝色星球上的最后一块净土”
Yading, Daocheng: The Last Pure Land on the Blue Planet



DAY 1

- 成都 City Walk (宽窄巷子)
Chengdu City Walk (Kuanzhai Alley)

DAY 2

- 成都 1.5h 都江堰水利工程 1h 卧龙中华大熊猫苑神树坪基地 2h 四姑娘山
Chengdu-Dujiangyan Irrigation System-Wolong China Giant Panda Garden-Shenshuping Base—Mount Siguniang

DAY 3

- 全天游览四姑娘山（双桥沟、海子沟）
Full-day tour of Mount Siguniang (Shuangqiao Valley, Haizi Vally)

DAY 4

- 四姑娘山 2.5h 丹巴甲居藏寨
Mount Siguniang-Jiaju Tibetan Village, Danba

DAY 5

- 丹巴 2h 墨石公园 0.5h 塔公草原 0.5h 新都桥
Danba-Moshi Park-Tagong Grassland-Xindu Bridge

四姑娘山

“蜀山之后”四姑娘山景区由“三沟一山”组成，其主峰幺妹峰海拔6247.8米，是四川第二大高山。

Mount Siguniang

The Mount Siguniang Scenic Area consists of three valleys and one mountain. Its Yaomei Peak rises to an altitude of 6247.8 meters, making it the second-highest mountain in Sichuan.



DAY 6

- 新都桥 2h 木格措 4h 成都
Xindu Bridge-Mugecuo Scenic Area-Chengdu

DAY 7

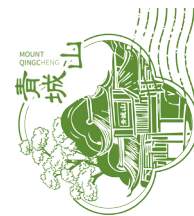
- 成都（东郊记忆）—返程
Chengdu (Eastern Suburb Memory Park)-Return

新都桥

位于川藏线南北两路 G318 和 G317 分岔口，这里被誉为“摄影家的天堂”。天气好的时候，从新都桥可远眺“蜀山之王”贡嘎山。

Xindu Bridge

Located at the junction of the southern and northern routes of the Sichuan-Tibet Highway (G318 and G317), Xindu Bridge is hailed as a "Photographer's Paradise." On clear days, visitors can enjoy distant views of Mount Gongga, known as the "King of Sichuan's Mountains."



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Homeland of Giant Pandas



线路三 雪山彩林小西环线

Route 3 Snow-capped Mountains and Colorful Forests West Loop



线路四 冰雪奇缘之旅

Route 4 Fantastic Ski Tour

四川拥有丰富的冰雪资源，是全球低纬度冰雪观光旅游资源最富集的地区之一，全省有 17 家滑雪场，能满足从初学者到发烧友的滑雪体验。

Sichuan is rich in ice and snow resources and is one of the world's top destinations for low-latitude snow tourism. With 17 well-equipped ski resorts across the province, it offers a range of experiences suitable for everyone, from beginners to enthusiasts.



熊猫家园

Homeland of Giant Pandas



线路四 冰雪奇缘之旅

Route 4 Fantastic Ski Tour



线路五 冬日温暖阳光之旅

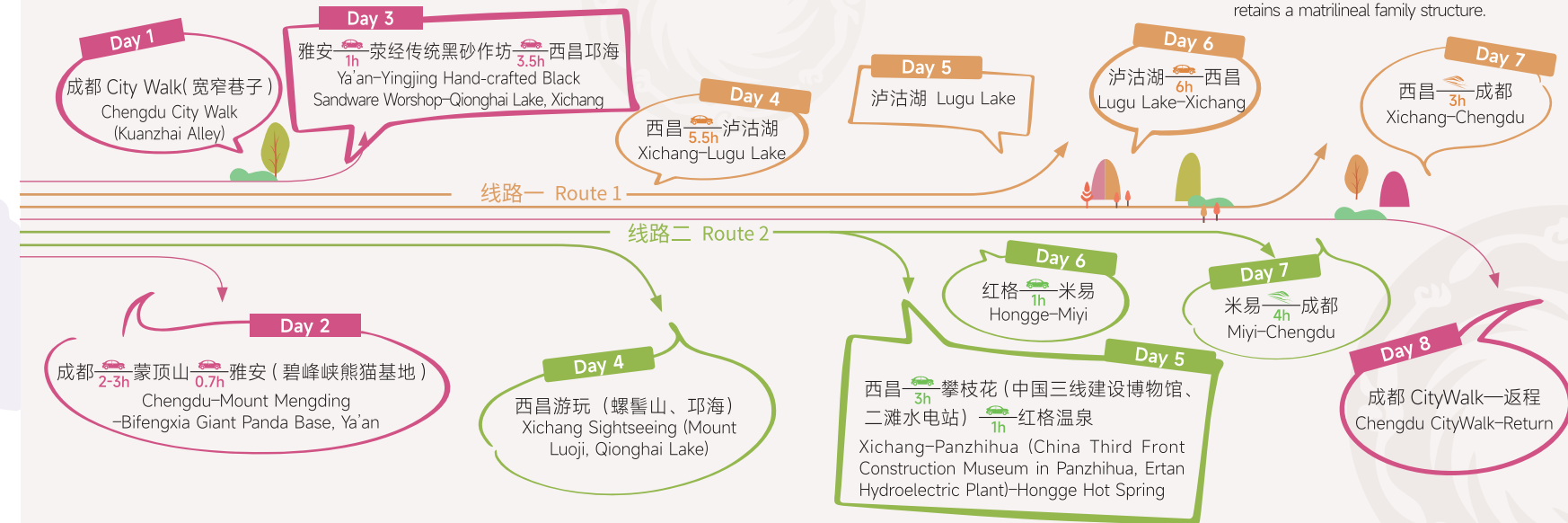
Route 5 Winter Sunshine Tour

寒冷的冬日,在四川的攀西地区去追阳光,享受冬日暖阳。

Basking in the winter sunshine of Panzhihua and Xichang area, where clear skies and vibrant landscapes leave you feeling refreshed.

行程亮点 Highlights

- 雅安—“熊猫故乡”世界茶文化发源地
Ya'an – “Hometown of Pandas,” the Cradle of the World's Tea Culture
- 西昌—探寻四川少数民族彝族风情
Xichang – Explore the Folklore of Sichuan's Yi Ethnic Group
- 泸沽湖—探访神秘女儿国
Lugu Lake – Uncover the Mysterious “Kingdom of Daughters”



蒙顶山

世界茶文化发源地之一

Mount Mengding

The Cradle of the World's Tea Culture



泸沽湖

2000 多年来泸沽湖畔世代居住摩梭人,摩梭人是中国唯一仍保留着以母系血缘为家庭组建方式社会制度。

Lugu Lake

For over 2,000 years, Lugu Lake has been the homeland for the Mosuo people for generations. They are the only ethnic group in China that still retains a matrilineal family structure.



熊猫家园

Homeland of Giant Pandas



线路五 冬日温暖阳光之旅
Route 5 Winter Sunshine Tour



- 2 宽窄巷子 Kuanzhai Alley
- 3 蒙顶山 Mount Mengding
- 4 雅安 (碧峰峡熊猫基地) Bifengxia Giant Panda Base, Ya'an
- 6 邛海 Qionghai Lake
- 10 二滩水电站 Ertan Hydroelectric Plant
- 11 红格温泉 Hongge Hot Spring

线路六 行走 318 国道·寻觅香格里拉
Route 6 Journey on the 318 National Highway: Exploring Shangri-La

行程亮点 Highlights

中国 318 国道汇集全球规模最大的极高山群、低纬度冰川群、高山峡谷群，是中国最美景观大道。

The G318 features the world's largest collection of high-altitude mountains, low-latitude glaciers, and highland canyons, earning it the title of China's most scenic highway.

DAY 1

成都 City Walk (东郊记忆)
Chengdu City Walk (Eastern Suburb Memory Park)



DAY 2

成都 2.5h 泸定桥 1h 海螺沟
Chengdu-Luding Bridge-Hailuoguo Valley



DAY 3

海螺沟 2h 康定
Hailuoguo Valley-Kangding



DAY 4

康定 0.5h 新都桥 6h 理塘 (勒通古镇)
Kangding-Xindu Bridge-Litang (Letong Ancient Town)



DAY 5

理塘 1.5h 海子山 3h 亚丁
Litang-Mount Haizi-Yading



DAY 6

亚丁 2.5h 稻城
Yading-Daocheng



海螺沟

海螺沟位于贡嘎山 (海拔 7508.9 米) 东坡，拥有亚洲同纬度海拔最低的现代海洋性冰川，形成冰川与森林共存的冰川奇景。

Hailuoguo Valley

Hailuoguo Valley, located on the eastern slope of Mount Gongga (7508.9 meters), is home to Asia's lowest modern oceanic glacier at this latitude. Here, glaciers and forests coexist in perfect harmony, creating a unique and breathtaking landscape.

DAY 7

稻城亚丁机场 1h 成都
Daocheng Yading Airport -Chengdu

DAY 8

成都—返程
Chengdu-Return

温馨提示 Travel Tips

稻城亚丁为高海拔地区，容易引发高原反应。建议游客到达后放缓脚步，避免剧烈运动，并准备好小型氧气罐以应对突发情况。

Yading, Daocheng, located at a high altitude, may cause altitude sickness. Visitors are advised to acclimatize gradually upon arrival, avoid strenuous activities, and carry a portable oxygen tank for emergencies.



熊猫家园

Homeland of Giant Pandas

