



来自四川
FROM
SICHUAN



锦绣天府
安逸四川
SICHUAN EASE

中国四川 — 熊猫家园明信片
POSTCARD FROM
THE HOMELAND OF GIANT PANDAS
SICHUAN, CHINA

中国四川 Sichuan, China

锦绣天府·安逸四川

九寨沟 Jiuzhaiguo 三星堆博物馆 Sanxingdui Museum 四川火锅 Sichuan Hot Pot 桃坪村 Taoping Village

大熊猫栖息地

Sichuan Giant Panda Sanctuaries

峨眉山-乐山大佛

Mount Emei-Leshan Giant Buddha

大熊猫国家公园 Giant Panda National Park

A photograph of three Giant Pandas in a snowy environment. Two pandas are huddled together in the upper left, while a third panda is walking towards the right in the foreground. The ground is covered in a layer of snow with some dry leaves scattered about.

大熊猫
Giant Panda

A photograph of a Red Panda perched on a tree branch. The panda is curled up, resting its head against the bark. The background shows green foliage and a blurred view of the forest.

珙桐
Chinese Dove Tree

A photograph of a group of Sichuan Golden Snub-nosed Monkeys. They are huddled together, showing their characteristic long, golden-brown fur and blue-tinted faces. The background is a snowy, mountainous landscape.

川金丝猴
Sichuan Golden
Snub-nosed Monkey

A photograph of a Red Panda perched on a tree branch. The panda is curled up, resting its head against the bark. The background shows green foliage and a blurred view of the forest.

小熊猫
Red Panda



甘孜

Ganzi Tibetan Autonomous Prefecture



甘孜

Ganzi Tibetan
Autonomous Prefecture

贡嘎山 MOUNT GONGGA (MINYA KONKA)

└ “蜀山之王”，海拔 7508.9 米

The "King of Sichuan's Mountains," rising to an impressive height of 7508.9 meters.

🚗 汽车 距离成都约 400 公里，约 7 小时

By Car: Approximately 400 km from Chengdu,
about 7 hours

稻城亚丁 YADING, DAOCHENG ←

蓝色星球上的最后一片净土

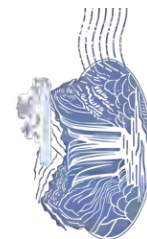
The Last Pure Land on the Blue Planet

🚗 汽车 距离成都约 800 公里，约 13 小时

✈️ 飞机 (成都 - 稻城亚丁机场, 1.5 小时)
→ 大巴 (稻城亚丁机场 - 稻城亚丁景区, 约 2.5 小时)

By Car: Approximately 800 km from Chengdu,
about 13 hours

By Air: Chengdu to Daocheng Yading Airport (1.5 hours)
→ By Bus: Daocheng Yading Airport to Daocheng
Yading (approx. 2.5 hours)



锦绣天府
安逸四川
Sichuan Ease





世界自然遗产
UNESCO World Natural Heritage

◎ 九寨沟 JIUZHAIGOU
📍 阿坝 Aba Tibetan and Qiang Autonomous Prefecture



四姑娘山
MOUNT SIGUNIANG

“蜀山之后”，海拔 6247.8 米
The "Queen of Sichuan's Mountains," rising to an impressive height of 6247.8 meters.

🚗 汽车 距离成都约 200 公里，约 4 小时
By Car: Approximately 200 km from Chengdu, about 4 hours

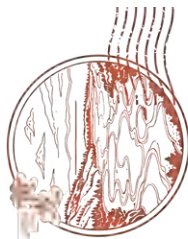
📍 阿坝
Aba Tibetan and Qiang Autonomous Prefecture



塔公草原
TAGONG GRASSLAND

🚗 汽车 距离成都约 350 公里，约 5 小时
By Car: Approximately 350 km from Chengdu, about 5 hours

📍 甘孜
Ganzi Tibetan Autonomous Prefecture



锦绣天府
安逸四川
Sichuan Ease





泸沽湖 LUGU LAKE

汽车 距离成都约 700 公里，约 10 小时
By Car: Approximately 700 km from Chengdu, about 10 hours

凉山
Liangshan Yi Autonomous Prefecture



九曲黄河第一湾 THE FIRST BEND OF THE YELLOW RIVER

汽车 距离成都约 500 公里，约 7 小时
By Car: Approximately 500 km from Chengdu, about 7 hours

阿坝
Aba Tibetan and Qiang Autonomous Prefecture



锦绣天府
安逸四川
Sichuan Ease



峨眉山 MOUNT EMEI
乐山 Leshan City



安岳紫竹观音 —
ANYUE ZIZHU GUANYIN
(THE PURPLE BAMBOO BODHISATTVA OF GREAT MERCY)

汽车 距离成都约 200 公里，约 2.5 小时
By Car: Approximately 200 km from Chengdu, about 2.5 hours

资阳 Ziyang City



巴中
Bazhong City

巴中南龕石窟 —
BAZHONG NANKAN GROTTOES (THE SOUTHERN CLIFF BUDDHIST
SCULPTURES)

汽车 距离成都约 350 公里，约 4 小时

By Car: Approximately 350 km from Chengdu,
about 4 hours

高铁 (成都 - 巴中，约 3 小时)
→ 打车 (巴中 - 南龕风景区，约 20 分钟)

By High-Speed Rail: Chengdu to Bazhong
(approx. 3 hours) → By Taxi: Bazhong to
Nankan Scenic Area (approx. 20 minutes)



广元
Guangyuan City

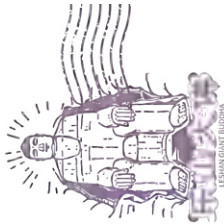
广元千佛崖摩崖造像 —
GUANGYUAN THOUSAND BUDDHA CLIFFSIDE STATUES

汽车 距离成都约 300 公里，约 4 小时

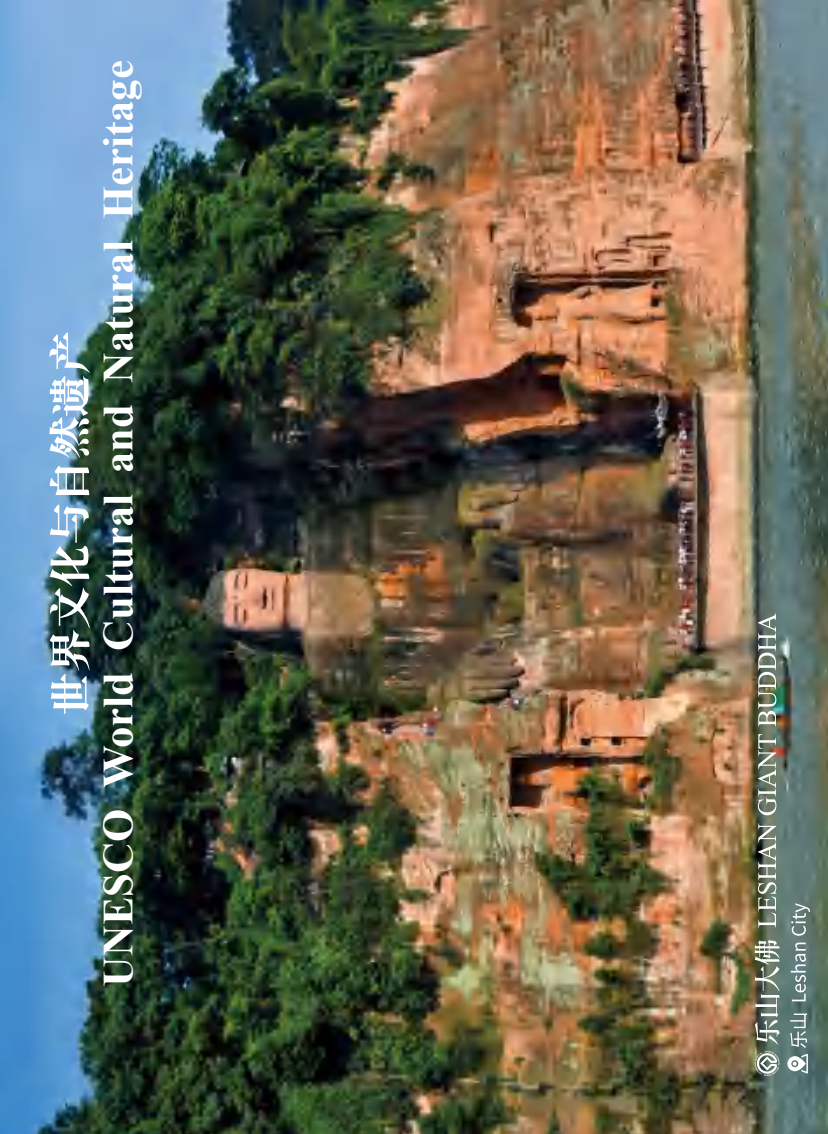
By Car: Approximately 300 km from Chengdu,
about 4 hours

高铁 (成都 - 广元，约 2 小时)
→ 打车 (广元 - 千佛崖摩崖造像，
约 10 分钟)

By High-Speed Rail: Chengdu to Guangyuan (approx.
2 hours) → By Taxi: Guangyuan to Thousand Buddha
Cliffside Statues (approx. 10 minutes)



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安逸四川
Sichuan Ease



乐山大佛 LESHAN GIANT BUDDHA
乐山 Leshan City

丹巴藏寨 DANBA TIBETAN VILLAGE



汽车 距离成都约 350 公里，约 5.5 小时
By Car: Approximately 350 km from Chengdu,
about 5.5 hours

甘孜
Ganzi Tibetan Autonomous Prefecture



阆中古城 LANGZHONG ANCIENT CITY



汽车 距离成都约 350 公里，约 5.5 小时
 高铁（成都 - 阆中，2 小时 30 分钟）
By Car: Approximately 350 km from Chengdu,
about 5.5 hours
By High-Speed Rail: Chengdu to Langzhong (2.5 hours)

南充 Nanchong City



锦绣天府
安逸四川
Sichuan Ease



国家级非物质文化遗产代表性项目：
Elements on China's National Intangible
Cultural Heritage List:

1	2
3	4

1. 成都银花丝
CHENGDU FILAMENTARY SILVER
HOVERING ART
2. 藏族编织挑花刺绣
TIBETAN WEAVING AND EMBROIDERY
3. 青神竹编
QINGSHEN BAMBOO WEAVING
4. 蜀绣
SHU EMBROIDERY



锦绣天府
Splendid Sichuan
安逸四川
Land of Abundance





入选联合国旅游组织“最佳旅游乡村”
Awarded as the Best Tourism Village by UN Tourism



📍 桃坪村 TAOPING VILLAGE
📍 阿坝 Aba Tibetan and Qiang Autonomous Prefecture

青铜神树
Bronze Tree



三星堆博物馆
SANXINGDUI MUSEUM

🚗 汽车 距离成都约 60 公里，约 1.5 小时
🚄 高铁（成都 - 三星堆站，约 20 分钟）
→ 打车（三星堆站 - 三星堆博物馆，约 15 分钟）

By Car: Approximately 60 kilometers from Chengdu, about 1.5 hours
By High-Speed Rail: Chengdu to Sanxingdui Station (approx. 20 minutes)
→ By Taxi: Sanxingdui Station to Sanxingdui Museum (approx. 15 minutes)

📍 德阳
Deyang City



太阳神鸟金饰
Sun and Immortal Birds Gold Ornament



商周青铜人形器
Bronze Figurines of the
Shang and Zhou Dynasties



青铜大面具
Large Bronze Mask



铜戴冠纵目面具
Bronze Mask with
Protruding Eyes and Trunk



青铜骑兽顶尊人像
Bronze Figure Mounted
on a Beast's Snout



商周大金面具
Gold Mask of the Shang and Zhou Dynasties



青铜大立人像
Bronze Standing Figure

金沙遗址博物馆
JINSHA SITE MUSEUM

📍 成都
Chengdu City



锦绣天府
安逸四川
Sichuan Ease





四川省级非物质文化遗产代表性项目
Elements on
the Sichuan Provincial Intangible Cultural Heritage List



国家级非物质文化遗产代表性项目
Elements on
China's National Intangible Cultural Heritage List



1	2
3	

- 羌族推杆
QIANG ROD-PUSHING GAME
- 彝族服饰
YI COSTUMES
- 康巴服饰配饰制作技艺
THE CRAFTSMANSHIP OF MAKING
KANGBA CLOTHING AND
ACCESSORIES

四川省级非物质文化遗产代表性项目
Elements on
the Sichuan Provincial Intangible Cultural Heritage List





1	3
2	4 5 6
	7

1. 成都东安湖体育馆
CHENGDU DONG'AN LAKE
GYMNASIUM
2. 川剧 - 吐火
SICHUAN OPERA - FIRE-SPITTING
3. 吃火锅看川剧变脸
HOT POT DINNER PLUS SICHUAN
OPERA FACE-CHANGING SHOW
4. 开水白菜
STEAMED CHINESE CABBAGE
IN SUPREME SOUP
5. 花椒
SICHUAN PEPPER
6. 鸳鸯锅
DOUBLE-FLAVOR HOT POT
7. 郫县豆瓣 (国家级非物质文化遗产)
PIXIAN BEAN PASTE
(NATIONAL INTANGIBLE CULTURAL
HERITAGE)

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